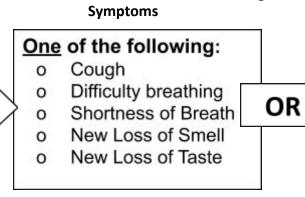
## **COVID-19** Guidelines

## You need to stay home if you have:





- o **Fever** (100.4° or higher)\*
- o Diarrhea\*
- o Muscle Aches
- o Chills
- o Shivers
- o Fatigue
- o Headache
- Nausea or Vomiting\*
- o Sore Throat
- o Congestion or Runny Nose



Exposure Been within 6 feet of somebody diagnosed with COVID-19 for greater than 15 mins in 24 hours OR Traveled to an area of high community transmission (a state listed on the NJ.gov Travel Restriction List)

\*If only **Fever**, **Diarrhea** or **Vomiting** and no other symptom, **stay home** until symptom is

resolved for 24 hours without the use of medication.

## When can I return to school?

| Positive COVID-19 Test**  | Negative COVID-19 Test**  | No COVID-19 Test  | Exposure to COVID-19                                |
|---|---|---|---|
| May return after 10 days<br>AND<br>No fever for 24 hrs without<br>use of medications<br>AND<br>Symptoms have improved | May return when fever<br>free for 24 hours without<br>the use of medication<br>AND<br>Symptoms have improved<br>**Must provide proof of<br>negative test result | May return after 10 days<br>AND<br>No fever for 24 hours<br>without medication<br>AND<br>Symptoms have improved | May return after 14<br>days AND<br>have no symptoms |

\*\* If tested for COVID-19, do not return to school while awaiting results

OR